

Foster Parent Spotlight

March 2022 — Liz Cambridge

This month we are excited to feature Liz Cambridge! To date, she has fostered seven dogs, as well as Trubbs, a dog she is currently fostering outside of Seattle Humane. A talented and dedicated foster parent with a strong interest in animal psychology, Liz has taken care of some of Seattle Humane's most difficult-to-place dogs.

With each dog, Liz is dedicated to working closely with the Foster and Behavior teams to ensure her fosters have a supportive and stable home environment. Additionally, her partner Gabe and sister Lana play a major role in helping with each of Liz's fosters.

Before fostering with Seattle Humane, Liz used her knack for connecting with animals to work with horses deemed unready for their owners to ride. "The trainers would say, 'This horse is too green for the owners,' and I would work with them."

Once she moved to Seattle, and didn't have the same access to horses, she connected with Seattle Humane and began working with the Behavior program. She eventually worked her way up to becoming a top-level Dog Behavior and Socialization (DBS) volunteer, now known as the Dog Exercise and Socialization (DES) program. She loved this role, but between her long commute to Seattle Humane's campus and the pandemic hitting in 2020, which allowed her to work from home, Liz shifted to fostering. "I had previously taken DBS dogs for weekend breaks, but now I could foster full time."

Liz has always been an animal lover. "I've loved animals since I was old enough to know I could have one." Growing up, she had birds, gerbils and family dogs — she also rode horses. "Any time I could get in front of an animal, I was up for it."

When it comes to her fosters, Liz has a hard time picking a favorite. "Cha Cha has a special place in my heart because we had her for 6 months, so we really got to watch her grow and develop, but they all have specific parts of my heart."

[continued on next page...](#)



Liz with her current foster, Trubbs



Gabe with previous foster, Qbert

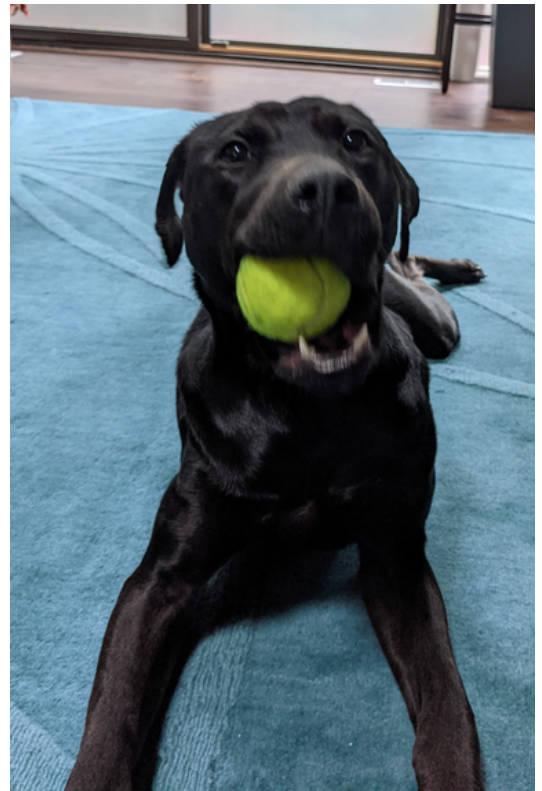


While admitting that it can be hard not to get too attached, Liz finds it extremely rewarding once her foster pets find a loving home. "When Cha Cha met her adopter, you got to see that connection." She also enjoys the wide range of dog personalities that come through her door as well as seeing them develop trust. "You notice when they've switched from 'this is uncomfortable' to 'you can trust us and the world isn't so scary.'"

Prior to becoming a foster parent, Liz had two dogs, Molly and Dexter. "I got Dexter at 18, and he lived to be 18, so I literally had him half my life." She adopted Molly from Seattle Humane after working with her as a DBS volunteer. Since losing Molly and Dexter, Liz has not yet felt ready to adopt another animal of her own. "For now, fostering is a great way to get to have dogs in my life," she says.

Outside of fostering, Liz is an avid reader and loves playing with dogs, walking in her nearby park and playing video games. She's also a self-proclaimed gardening enthusiast, devoting most of her backyard to flowers and growing vegetables.

Liz's current foster Trubbs is available for adoption through [Home To Home!](#) She is a sweet, happy dog who enjoys walks and is good on the leash. She enjoys sunbathing and watching squirrels — she's also a total couch potato. She would love a yard and does need to be the only dog in the home. Although she is extremely self-sufficient, with no separation anxiety, she likes to be with her people when they're home. If interested, be sure to [check Trubbs out!](#)



Baby Tyson



Cha Cha and her dino toy



Indy relaxes on Liz's couch



Liz's dog of 18 years, Dexter

