

# How to Use Kindness Cards

Connect with Seattle Humane's mission by helping keep pets with their families in these uncertain times. Kindness Cards are a simple way to reach out to your neighbors and make a difference in your community. To get started, read the instructions and safety guidelines below.

## Instructions:

- Print the Kindness Cards included on the next page and cut each sheet in half, creating two cards. Write your name at the top and a way to contact you at the bottom of each card. Only include information you are comfortable giving out. Let Seattle Humane know if you receive requests for food or supplies. We may be able to provide them!
- Circle the activities that you are willing to help with and add any additional tasks that are meaningful to your own community. Some examples include distributing coloring sheets to neighborhood kids, offering to draw pictures or write notes to neighbors who feel isolated, or make thank you notes for neighbors to give to essential workers. Be creative and use your skills!
- Place the card on a community board or share electronically through NextDoor. If you are comfortable, you can place cards under the windshield wiper on a neighbor's car, or tuck under a door mat. Do not put any Kindness Cards inside mailboxes without postage, as this is illegal.

**Please note:** These activities are suggestions and may not be suitable at certain times or in all areas. Always err on the side of caution and maintain appropriate social distance. If you are offering to pick up or drop off supplies, clearly communicate with your neighbors how you plan to achieve this safely. Please follow guidelines from the Centers for Disease Control and/or the Department of Public Health in your county.

**The people and pets in our communities thank you!**





# Hello neighbor!

**My name is** .....







I love my community and want to support the pets and people in it. If you are able to help others during this time, here are some suggestions. If you or your pet(s) need assistance in the ways listed below, let me know!

**Ways you can help Seattle Humane keep pets with their families:**

-  Donate pet food or supplies
-  Donate online (scan code)



**I can help with the following:**

-  Curbside donation pickup
-  Grocery/meal delivery
-  .....
-  Pet food delivery
-  Pet supplies delivery
-  .....

**Contact me at** .....

This note was inspired by the #ViralKindess movement.

13212 SE Eastgate Way, Bellevue WA 98005 • 425.641.0080 • [SeattleHumane.org](http://SeattleHumane.org)



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