



SPRING FOR A DOG!

Adopt Your New Best Friend from the Seattle Humane Society

March 19, 2010

Spring arrives this weekend, and there's no better way to put a spring in your step than adding a four-legged walking buddy to your family!

"Some people say we have the best pets anywhere, and we agree," said Brenda Barnette, CEO of the Seattle Humane Society. "Bring the whole family down to the shelter, where our trained adoption counselors will help you find the perfect match for you and your family."

Top Four Reasons to Adopt a Dog:

- Lift Your Spirits - Dogs are a natural mood enhancer! They keep you company, love you unconditionally, and are fantastic listeners.
- Save a Life - Adopt a pet instead of purchasing one from a pet store and we'll go right out and save another dog who has run out of time at a public shelter.
- Stay Fit - Dogs make great exercise partners. Studies show that people with dogs have lower blood pressure and cholesterol levels.
- Make New Friends - Dogs are great ice-breakers. Pretty soon, you'll know all the dogs in your neighborhood by name - and their owners, too!

See our adoptable pets at seattlehumane.org or visit them in person at the Seattle Humane Society today!

Seattle Humane Society has been awarded the coveted 4-star rating by Charity Navigator, America's largest independent charity evaluator. Founded in 1897 to bring people and pets together, Seattle Humane Society provides incredible companion animals for adoption 7 days a week, pet workshops and training, a pet food bank, a low-fee spay/neuter surgery program, humane teen club, a visiting pets program and more. Seattle Humane Society is located in Bellevue, at 13212 SE Eastgate Way. For directions and more information, visit www.seattlehumane.org or call (425) 641-0080.