



# DOGA

## YOGA WITH YOUR DOG!

Bring your dog with you to yoga class! This class is a fun way to explore yoga, massage, stretching, and relaxation techniques for both you and your dog.

Deepen your connection with your dog, learn to transport your dog to a deeper level of calm and relaxation, and understand the basic principles of how yoga can benefit you and your dog. Discuss and practice methods of relating your movement to your dog's movement. No prior yoga experience is needed

### Class schedule:

#### Three-week series

Wed. 1/7 – 1/21 7:00 – 8:00pm

#### Single session

Thur. 2/26 7:00 – 8:00pm

Thur. 3/5 7:00 – 8:00pm

**Yoga With Your Dog instructor:** Brenda Bryan has been practicing yoga since 1998 and is the owner of “Barking Budda Doga”. She is a graduate of the 8 Limbs Teacher Training program and a licensed massage therapist who became interested in doing yoga with dogs after taking a course in small animal massage.

Have questions about the class? Contact Brenda at [brendabryanyoga@hotmail.com](mailto:brendabryanyoga@hotmail.com)

**Registration:** To register call (425) 373-5385 or mail/fax in this registration form.

**Location:** Classes will be held in Seattle Humane Society's Resource Center, 13212 S.E. Eastgate Way, Bellevue.



**Enrollment Application:**

First/Last Name \_\_\_\_\_ E-mail \_\_\_\_\_

Daytime Phone \_\_\_\_\_ W/H/C Alternate Phone \_\_\_\_\_ W/H/C

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Dog's Name \_\_\_\_\_ Breed \_\_\_\_\_ Age \_\_\_\_\_

Yoga with Your Dog class start date \_\_\_\_\_

**Fee: \$50 for three-week series. \$20 for single session.**

	Subtotal \$ _____
	Additional Contribution \$ _____
Visa or MasterCard ( <i>circle one</i> )	<b>Total \$ _____</b>

No. \_\_\_\_\_ Exp. \_\_\_\_\_ V-Code \_\_\_\_\_  
(V-code is the last three digits in the signature panel on the back of the credit card).

Credit card mailing address same as above, or  
\_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

**Terms & Conditions:**

I hereby apply for enrollment in Yoga With Your Dog class at Seattle Humane Society.

As a condition of enrollment, I certify:

- That the refund policy is 100% for withdrawal one week prior to the first day of class (less a \$10 handling fee). No refunds/credits will be granted after that point;
- That my dog is current on vaccinations;
- That I am aware of the risks from handling animals: personal injury or property damage to myself, to my animal(s) or to members of my family;
- That, if my dog shows aggression toward people or other dogs and/or is disruptive to the class, he may not be a suitable candidate for group classes. In that event, I understand that we will be dismissed from class and no refund will be granted.
- That, in consideration of being permitted to enroll in the above class, I do assume full responsibility for any actions of the dog entered above and agree to hold harmless and indemnify any person associated Seattle Humane Society.

I have read, understand, and agree to the above.

Signature \_\_\_\_\_ Date \_\_\_\_\_

**Please mail completed form to:**

Seattle Humane Society  
Yoga With Your Dog  
13212 SE Eastgate Way,  
Bellevue, WA 98005-4408

Or fax to 425-747-2985

Or call 425-373-5381

**Office Use Only:**

Receipt \_\_\_\_\_ Amount \_\_\_\_\_ Date \_\_\_\_\_ Staff Initials \_\_\_\_\_